

Stand Up for Science and the FDA with the Coalition for Safe Food and Beverage Choices

Over 40 years, more than 100 scientific studies have consistently affirmed the safety of aspartame. The U.S. Food and Drug Administration (FDA) has affirmed and reaffirmed aspartame's safety in six reviews under 11 commissioners from both political parties. The World Health Organization, however, is conducting two new reviews through its International Agency for Research on Cancer (IARC) and the Joint FAO/WHO Expert Committee on Food and Additives (JECFA). It's critical to stand with the FDA, the premier U.S. agency that relies on the highest quality science to ensure the safety of our foods, beverages, medicines and cosmetics.

“ We believe that a JECFA review of aspartame would have a greater impact on food safety, and public health, than one conducted by IARC.”

*- U.S. Food and Drug Administration**

- » Aspartame is one of many low- and no-calorie sweeteners that helps people reduce sugar in their diet. More than 100 studies over 40 years have affirmed the safety of aspartame. The FDA, the European Food Safety Authority and other global agencies have also confirmed its safety as an ingredient. Given this body of evidence, we would encourage policymakers to stand by the conclusions and position of the FDA, not other international agencies.
- » Aspartame plays a safe and critical part in a nationwide effort to reduce sugar in Americans' diets.



It's up to us to engage with policymakers and champion the FDA's repeated conclusion that aspartame is safe. A diverse community of voices are coming together to prevent misinformation and defend the integrity of the FDA and the scientific review process.

You Can Support the FDA by Joining Our Coalition

How You Can Help



Join the Coalition: Sign up to become a member of the Coalition for Safe Food and Beverage Choices to stay informed and engaged in the fight to protect the FDA's reputation, which has affirmed the safety of products that millions of Americans consume to help reduce sugar in their diets.



Educate Your Membership and Your Network: Familiarize yourself with the research supporting aspartame's safety and share information with your network, both online and offline.



Advocate for Science: Express your support for the FDA's scientific review process and protecting Americans' ability to safely reduce sugar in food and beverages.